

# Alter Bridge, White Knuckles

Are you still lost tonight  
Living but dead inside  
This is a proclamation  
This is a call to rise

Are you abused, alone?  
Walking with broken bones  
If you feel you've been forgotten  
Let this song guide you home

We are the disillusioned  
We've been left wanting more  
Before every aspiration  
Hits the floor

Hold on for your life  
All we feel is so  
Far from alive  
The damned are done believing  
And the cursed can dream no more  
So hold on for your life  
Because only the strong survive

They tell you what you should be  
They sell you their plastic dreams  
Opinions are all provided  
But nothing is what it seems

I dare you to take control  
Cause empty your hands  
And bruised on the soul  
For those who show no resistance  
And those who are weak below

We are the disenchanting  
We die with each passing day  
And no one here understands us  
So I say..

Hold on for your life  
All we feel is so  
Far from alive  
The damned are done believing  
And the cursed can dream no more  
So hold on for your life  
Because only the strong survive

How will it feel?  
To live a lie  
Until your dying day  
When nothing is real  
As we sacrifice  
Bending until we break  
It's been revealed  
Hold on for your life  
Dreams are not theirs to take  
Dreams are not theirs to take

Hold on for your life  
All we feel is so  
Far from alive  
The damned are done believing  
And the cursed can dream no more  
So hold on for your life

Because only the strong  
I said only the strong survive