## Ash, Ritual

she walking out on you again fighting with demons that i can't contain walking on but i want to turn and run through the empty streets that through the mist and your new dawn light feel so lost can't take back all the pain and the damage i've caused i'm not talking i bury it within until it turns into a hell in my head hell in my head (?)in a solid panic i supress vulnerable emotions that i can't express so open up why do i feel so insecure irrational of the only thing i'm sure of so i know trying to fit in this place but i just don't fit, no i'm not talking i bury it within until it turns into a hell in my head a hell in my head i'm not talking i'm not talking i bury it within until it turns into a hell in my head a hell in my head i'm not breathing i got to hold it in until i breath to leave this hell in my head this hell in my head so take these (?) and stay in my place take these (?) and in its place forget my past forget your doubts take these words and let them out