

Becky Hill, Disconnect (feat. Chase & Status)

I ain't gonna lie to you
Life's been fuckin' life-in'
And I need a night or two
To get me unwindin'

I feel like I'm stuck in cycles every day
Come and get me out this loop
So just switch it up for me
It's time to get loose

If we disconnect
We ain't gotta be aligned
We can redirect
Everything that's on our minds, let it go
Change up your frequency and
You'll see how easily you'll disconnect
From everything that's on your mind

Disconnect
From everything that's on your mind

Where's my fuckin' lighter crew?
Put 'em up high then
Now's the time to raise the roof
We don't need the fightin'

When we're gettin' stuck in cycles every day
We know how to make it through
So just switch it up for me
It's time to get loose

If we disconnect
We ain't gotta be aligned
We can redirect
Everything that's on our minds, let it go
Change up your frequency and
You'll see how easily you'll disconnect
From everything that's on your mind

Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go

Change up your frequency
You'll see how easily you'll disconnect
From everything that's on your mind