

# Champion, The Truth

I know the pain, I feel it too and it's tearing us apart  
Can you take a breath, push it aside  
And pick yourself back up?

You know that the choice to live your life  
Lies in the palm of your hand

You've got the answers you need, just look inside yourself

So much at stake, can't waste our time chasing standards  
We never set  
We know that the choice to live our lives  
Lies in the palms of our hands

And with the struggles faced just to make it through the day  
Stepped out of line and found a better way  
So much at stake and we can't let our lives pass us by  
And the only ones we'll ever chase  
Are the standards that we set

Now's the time to leave all our mistakes behind  
Because we've found the only truth we'll ever need  
Every struggle faced and choices made will see us through  
The words we've said, the promises kept  
Is the only truth we need