## Cirith Ungol, Frost And Fire

The tales that speak of frost and fire The Frost Monstreme and the Fire Divine The frost preserves and the fire destroys Like pouring rain on the sands of time

I feel it burning and I feel the freeze The frost, the fire, it burns inside of me

The tales that speak of frost and fire The guardian angels and the demons of night The power preserves and the Beast will destroy us Like gathering darkness in the circle of light

I feel it burning and I feel the freeze The frost, the fire, it burns inside of me, yeah

I feel it burning and I feel the freeze The frost, the fire, it burns inside of me

The tales that speak of frost and fire Tales of all the souls that fell Words that burn and words that chill us Like laughter kinding in the heart of Hell

I feel it burning and I feel the freeze The frost, the fire, it burns inside of me It burns inside of me, it burns inside of me