

# Dashboard Confessional, Everybody Hurts

When your day is long  
And the night  
The night is yours alone  
When you're sure you've had enough of this life  
Well hang on  
Don't let yourself go  
Cause everybody cries  
And everybody hurts  
Sometimes  
Sometimes everything is wrong  
Now it's time to sing along  
(When your day is night alone)  
Hold on, hold on  
(If you feel like letting go)  
Hold on  
If you think you've had too much of this life  
Well hang on  
Cause everybody hurts  
Take comfort in your friends  
Everybody hurts  
Don't throw your hand  
Oh, no  
Don't throw your hand  
When you feel like you're alone  
No, no, no, you're not alone  
If you're on your own  
In this life  
The days and nights are long  
When you think you've had too much  
Of this life  
To hang on  
Well, everybody hurts  
Sometimes, everybody cries  
And everybody hurts  
Sometimes  
And everybody hurts  
Sometimes  
So, hold on, hold on  
Hold on, hold on  
Hold on, hold on  
Hold on, hold on  
(Everybody hurts  
You are not alone)