

# Demi Lovato, Sober

i got no excuses  
for all of these goodbyes  
call me when it's over  
cuz I'm dying inside

wake me when the shakes are gone  
and cold sweats disappear  
call me when it's over  
and myself has reappeared

I don't know /4x  
why  
I do it  
every /4x  
time  
it's only when I'm lonely

sometimes I just wanna cave  
and I don't wanna fight  
I try /8x  
just hold me  
I'm lonely

momma I'm so sorry  
I'm not sober anymore  
daddy please forgive me  
for the drinks spilled on the floor  
to the ones  
who never left me we've been down this road before  
I'm so sorry  
I'm not sober anymore

I'm sorry to my future love  
for the man that I left my bad  
for making love the way I saved  
for you inside my head  
and I'm sorry for the fans I lost  
who watch me fall again  
I wanna be a role model  
but I'm only human

I don't know /4x  
why  
I do it  
every /4x  
time  
it's only when I'm lonely  
sometimes I just wanna cave  
and I don't wanna fight  
I try /8x  
just hold me  
I'm lonely

momma I'm so sorry  
I'm not sober anymore  
daddy please forgive me  
for the drinks spilled on the floor  
to the ones  
who never left me we've been down this road before  
I'm so sorry  
I'm not sober anymore

I'm sorry  
that I am here again

I promise I'll get help  
it wasn't my intention  
I'm sorry to myself