

Fatman Scoop, Lose Your Self

Look, if you had one shot, one opportunity
to seize everything you ever wanted

One moment
would you capture it or just let it slip?

His palms are sweaty, knees weak, arms are heavy
There's vomit on his sweater already, mom's spaghetti
He's nervous, but on the surface he looks calm and ready
To drop bombs, but he keeps on forgetting
What he wrote down, the whole crowd goes so loud
He opens his mouth, but the words won't come out
He's choking, how everybody's jokin now
The clocks run out, times up over, bloah!
Snap back to reality, Oh there goes gravity
Oh, there goes Rabbit, he choked
He's so mad, but he won't give up that
Is he? No
He won't have it, he knows his whole back city ropes
It don't matter, he's dope
He knows that, but he's broke
He's so stacked that he knows
When he goes back to his mobile home, that's when it's
Back to the lab again yo
This whole rap shit
He better go capture this moment and hope it don't pass him

HOOK:

You better lose yourself in the music, the moment
You own it, you better never let it go
You only get one shot, do not miss your chance to blow
This opportunity comes once in a lifetime yo

The souls escaping, through this hole that its gaping
This world is mine for the taking
Make me king, as we move toward a, new world order
A normal life is borin, but superstardoms close to post mortar
It only grows harder, only grows hotter
He blows us all over these hoes is all on him
Coast to coast shows, he's know as the globetrotter
Lonely roads, God only knows
He's grown farther from home, he's no father
He goes home and really knows his own daughter
But hold your nose cuz here goes the cold water

His bosses don't want him no mo, he's cold product

They moved on to the next schmoe who flows
He nose dove and sold nada
So the soap opera is told and unfolds
I suppose its old potna, but the beat goes on
Da da dum da dum da da

HOOK

No more games, Ima change what you call rage
Tear this mothafuckin roof off like 2 dogs caged
I was playing in the beginning, the mood all changed
I been chewed up and spit out and booed off stage
But I kept rhyming and stepwritin the next cypher
Best believe somebodys payin the pied piper
All the pain inside amplified by the fact
That I cant get by with my 9

And I cant provide the right type of life for my family
Cuz man, these goddam food stamps dont buy diapers
And its no movie, theres no Mekhi Phifer, this is my life
And these times are so hard and it's getting even harder
Tryin to feed and water my seed, plus
See dishonor caught up bein a father and a prima donna
Baby mama drama screamin on and
Too much for me to manna
Stay in one spot, another jam or not
Has gotten me to the point, I'm like a snail
I've got to formulate a plot fore I end up in jail or shot
Success is my only mothafuckin option, failures not
Mom, I love you, but this trail has got to go
I cannot grow old in Salems lot
So here I go is my shot.
Feet fail me not cuz maybe the only opportunity that I got

HOOK

you can do anything you set your mind to, man