

Frank Turner, Do One

Some people are just going to hate you
No matter what you do
So don't waste your time trying to change their minds
Just be a better you

It took me years to learn this
(More than I'd like to admit)
But through my ups and downs I figured one thing out:
Don't take anyone's shit

I'm still standing up and there's nothing you can do
I'm still standing up

Some people will search for your weaknesses
They'll go to any lengths
But if you find them first you can take that hurt
And turn it into a strength
And you'll wonder why they're so unkind
And how they sleep at night
But that simple fact means you're better than that
I think you're going to be alright

I'm still standing up and there's nothing you can do
I'm still standing up
I'm still standing up and there's nothing you can do
I'm still standing up

So which path to choose?
The one less travelled or the one more used?
All the sticks and stones, all the broken bones
It's not who you are, it's the things you choose to do

I'm still standing up and there's nothing you can do
I'm still standing up
I'm still standing up and there's nothing you can do
I'm still standing up