

# Jack Ingram, One Thing

I used to be so down and out  
I used to be so blue  
Now the only thing I talk about  
The only thing I do  
Is spin around like a school kid  
Just off the merry-go-round  
I'm dizzy but it's cause I'm headed  
To the one good thing I've found

Chorus  
One thing as good as gold  
I'm nothing without you to hold  
One thing I know in this world  
Is I need you to be my girl

I got so good at hiding  
I couldn't find myself  
But baby you got me smiling  
And feeling like someone else  
Yeah you changed my makeup  
I ain't the same sad clown  
Ever since you showed up  
Hey this ain't the same sad town

Chorus  
One thing as good as gold  
I'm nothing without you to hold  
One thing I know in this world  
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One thing I know in this world  
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Be my girl  
You're the one thing