

# James, I Defeat

We were doing so well,  
We had broken the spell,  
And freedom seemed just within reach.  
We had managed the bend,  
Between lover and friend,  
Found a place we could possibly meet,

Yes it's me,  
I can't help myself,  
I just run headlong to defeat,

Yes it's me,  
I can't help myself,  
I defeat, I defeat, I defeat, I defeat

I'm so hard on myself,  
Don't deserve any help,  
So I must let you go, let you go.  
So I pushed you away,  
While I hoped you would stay,  
But I don't let you know, let you know,

Yes it's me,  
I can't help myself,  
I keep running around to this beat,

Yes it's me,  
I can't help myself,  
I defeat, I defeat, I defeat, I defeat

Yes it's me,  
I can't help myself,  
I keep running around to this beat,

Yes it's me,  
I can't help myself,  
I defeat, I defeat, help me,

I can't help myself,  
I defeat, I defeat, help me,

I can't help myself,  
I defeat, I defeat, help me.