JESS GLYNNE, Thursday

I won't wear makeup on Thursday I'm sick of covering up I'm tired of feeling so broken IL tried of falling in love some time I'm shy and I'm anxious sometime s I down on my knees sometimes I try to embrace my insecurities so I won't wear makeup on Thursday coz who I am is enough

and there are many things that I can change so slightly but why would I succumb to something so unlike me I was always taught to just be myself don't change for anyone

I wanna laugh I anna cry don't want these tears inside my eyes don't want to wake up and feel insecure I wanna sing I wanna dance I wanna feel live inside my hands again oi just want to feel beautiful

I wear my sweat pants on Thursday and I'll drink sloe gin from a can I'll build my own independence I don't always need a man you know sometimes I feel lonely could do with the company I get high when I;m down but you know that's alright with me so I will do nthing on Thursday sit alone and be

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