

Louisa, Like I Love Me

“this is for all of us
that are learning to love ourselves
it’s an ongoing journey

love Louisa x”

I’m standing in the mirror, again
I run my fingers through my hair
appreciate every mark
every scar
every imperfection
I wouldn’t change a fucking thing

it’s touch
it’s a meaning
it’s a pain
it’s a feeling that I can’t trust give away

do you love me like I love me?
do you love me body like I love my body?
can you touch me like I touch me?
do you deserve a taste?
ain’t no other way about it
lemme see if you can work your way around it
I know that I got it
Do you deserve to play?