

# Mary J. Blige, Good Woman Down

[Intro:]

In my life

I've seen

It all

Now it's time

For me

To pass

On this

Knowledge to you

All my sisters

My troubled sisters

This is my

Gift to you

[1st Verse:]

Been many days

Couldn't take

The pain

Felt like

I should take

My life away

See it everyday

In every other

Young sisters face

(Young sister, sister)

See'em cryin' out

Life full of doubt

Runnin' in the streets

No self esteem

Thinkin' that

Use to be me

What a shame

[B-Sect:]

And life

Is a mutha

It's hard

To sit back

And see

The same thing

Happen to me

Happen to you

This ain't love

But here's

The love

I wanna give to you

[Chorus:]

It dosen't

Matter what

They say or do

Don't let'em

Get to you

Don't be afraid

You can, you can

You can breakthrough

Take what

I've been through

To see that

You can't

Hold a good

Woman down

Went through

The same point

Of givin' up

I-I felt

Like I had enough

Went to the edge  
Of the ledge  
But I didn't jump  
"My Life"  
Will sum it up  
You can't  
Hold a good  
Woman down  
[2nd Verse:]  
When I use to see  
My daddy beat  
My mother down  
Down to her feet  
I use to say  
That ain't gon'  
Never be me  
(Never be me)  
Now look at you  
Bruised up  
From him  
Girl recognize  
You're better then  
Him tellin' you  
That he'll never hit  
You again  
Girl don't cry  
[Repeat B-Sect 1x]  
[Repeat Chorus 1x]  
[Bridge:]  
Through your changes  
I will hold your hand  
Use my songs  
As remedies  
Whenever you're feelin'  
Down or blue  
I'll be there for you  
Trust  
And know  
That I've been  
Where you're at  
Seen the things  
That you can see  
Lookin' at you  
Resembles me  
But you gotta  
Hold your own  
[Repeat Chorus 1x]  
[Vamp:]  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
You can't hold me  
Can't hold me  
Down  
Can't hold me  
Down

Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
Can't hold me  
Down  
You can't hold me  
[Outro:]  
Their you have it  
I'm still with you  
My sisters  
My troubled sisters  
I still have troubles, too  
You're not alone  
I'll always be there  
For you  
Rock on  
You can't hold  
A good woman down