No Doubt, Comforting Lie

I started out on the wrong foot Now I'm not myself I am Jekyll, I am Hyde Found this place to hide Come seek me

Oh, so up and down So back and forth So insecure Can't get this taste out of my mouth Swallow it down Pretend

Hold it, hold it all in Let it build up Build a bomb Blow it, blow it away Clear it all out Just end it

I'm just a normal person Without those problems When did it change? Admissions so embarrassing I'm on the verge of tears again

Hold it, hold it all in Let it build up Build a bomb And blow it, blow it away Clear it all out Just end it

Oh look I took the Band-Aid off Did I take it off too soon? Hysterical confession My big courageous move

Don't gasp at the predictable A comforting lie can't last Preordained checklist of this awkward love It's so sad

Hold it, hold it all in Let it build up Oh, build a bomb Blow it, blow it away Clear it all out Just end it

Sort it, sort it out Just give it back No thank you Toss it, toss it away Eliminate Just give up

I can't decide This tug of war I'm feeling weak