

# No Doubt, Panic

Today is going to be easy  
Today 'cause you're not around  
I'll leave off my make up  
I'll sleep in my bed  
To pass all the time by

Today 'cause you're not around  
Today you won't be around

I concentrate on empty spaces  
A passive pondering of blankness  
Sit down shut up, controlled obsessions  
Your absence it exhausts me

I always panic when I'm left  
I always panic when I'm left

Today I feel destructive  
Today who cares about myself?  
I'll live in denial  
And I'll beat up my head  
And I'll eat all the chocolate  
Today 'cause you're not around  
Today you won't be around

I can't control my feelings  
I sip on dreams and choke on real things  
Detach myself for preservation  
I struggle to not want you

I always panic when I'm left  
Is it healthy that we met?  
If you stop coming will I forget?  
I always panic

Today is going to be simple  
Today 'cause you're not around  
My heart will pound lazy  
No one to impress  
No smile is required  
Today 'cause you're not around  
Today you won't be around