## Plain White T's, Bruises

She tries to hide the bruises she says it wasnt him But sometimes he looses his temper and again he'll come home and look for a fight but she tells herself it's alright she hopes someday it's alright

she doesn't tell anybody but everyone can tell that there's something she's hiding, she hasn't been herself but she still goes out everynightshe tells herself it's alright she hopes someday it's alright...its alright...its alright...its alright

she has to make excuses for all of this abuse and it's sad the truth is shes scared of what he'll do if she'd ever walk out of his life so she tells herself it's alright she hopes someday it's alright...it's alright... it's alright...it's alright...

She sits and she waits its not getting any better it's never too late but she knows its now or never she'll get up the strength to stand up to him tonight cuz she knows that it's alright