

Queen Adreena, My Silent Undoing

My silent undoing
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My wasp in a jar

Protruding hips and skull and spine
Rib cage cuts a clear outline
All roped up and pinching in
Distorted and disfiguring

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No photographs around the back
Emaciated ironed flat
Dehydrated cutting bones
Today I'm over 7 stone

My wasp in a jar
My wasp in a jar
My wasp in a jar
Twinkle little star
My wasp in a jar