

Sheila Nicholls, Breath

Verse 1

We talked about loss and the patterns of past and the pieces of ourselves
we'd killed over time

We thought then of love, and surrendered our eyes and I looked for myself
through your dissolving disguise.

Chorus

My breath in is your breath out, we begin and for a moment lifting this
deception of being separate from you

My breath in is your breath out, we walk in, into the ocean, shifting my
perception of being one drop of dew

Verse 2

We talked about god and the limbs on the floor, and the legalization of
deviance

We thought then of sense and how often its veiled, and how the machines and
their components have already failed

It's been years and I'm still here longing for what has always been true, life

and death, us and them are two parts of one whole just misconstrued.